

Tethered Oral Tissues Assessment at



It is impossible to assess the tongue or lip effectively visually. Assessing function through a trained professional is the only way to evaluate appropriately. For best results after a frenectomy procedure, Pre- and Post-Treatment from a TOTs provider is recommended.

Signs and Symptoms of TOTs include:

- Difficulty breastfeeding or painful latch
- Difficulty with weight gain
- Tongue thrusting during swallowing or speaking
- Open mouth and low, forward tongue resting posture
- Mouth breathing

If Tethered Oral Tissues is suspected by the parent, caregiver, pediatrician, lactation professional, or dentist, a referral to a TOTs provider is warranted.

Referrals can be made to Speech Therapy at West Texas Rehab Center in San Angelo.



West Texas Rehab Center
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